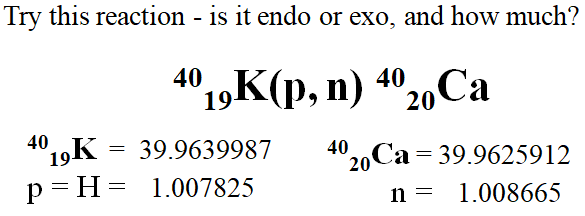
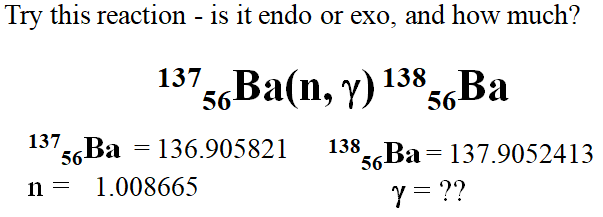
**Noteguide for Q Value - Videos 30N Name**

Example:



Whiteboards:

 (**Q = +0.529 MeV (Exo)**)

(**Q = +8.611MeV (Exo)**)